Trauma-informed Empathy (TiE™)

Algorithm

**Cognitive Empathy**
- Acknowledge Difference
- Disarming Technique
- Thought/Feeling Empathy
- “I Feel” Statements

**Refer**
- Arrange resources and/or referral

**Re-invite**
- Gain presence *(shift attention)*
- Enhance safety
- Re-invitation

**Set Agenda**
- Process comments
- Strategic interrupting
- Mental contrasting

**Ask & Advise**
- Confirm relevance (ask)
- Advise or arrange

**Build Alliance**
- Cooperation
- Affirmation/respect
- Reciprocity

**Assist**
- Evocation of values
- Navigation & advocacy

**Grand Invitation**
- Invitational Presence
- Safety
- Non-judgement
- Non-invasive

**Invitational Presence**
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**Invitation**
- Gain presence *(shift attention)*
- Enhance safety
- Re-invitation

**Process comments**
- Strategic interrupting
- Mental contrasting

**navigation & advocacy**
- Evocation of values
- Navigation & advocacy

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